



WELCOME TO THE 2012 BOX LACROSSE SEASON

The Delta Lacrosse Association promotes good sportsmanship, fair play and to respect skills in the game of lacrosse in both non-competitive and competitive divisions. In non-competitive divisions the focus is on having fun while developing basic skills and teaching the game of lacrosse. In competitive divisions the focus is to put out the most competitive team available for the caliber within the division. The level of skills development and teaching the game of lacrosse increase with the caliber or division that is being played.

This year Delta Lacrosse is offering a FREE lacrosse stick to all first time Mini-Tyke players. Please come and join the fun and excitement that is LACROSSE. ☺

In an effort to open the lines of communication for parents and coaches, we have had volunteers step forward to act as Divisional Managers. If you have any questions, comments or need information about your team etc., please do not hesitate to contact your Divisional Manager.

DIVISION	MANAGER	PHONE	EMAIL
Midget	Susan Snow	604-835-4749	hsnow@telus.net
Bantam	Renee Close	604-943-5079	reneeclose@hotmail.com
Pee-Wee	VACANT		
Novice	VACANT		
Tyke	Greg Sambrook	604-943-0400	gregnmoi@telus.net
Mini Tyke	VACANT		
Girls Only Div	VACANT		

Like all other sports, volunteers are a very necessary part of Delta Lacrosse. We also need Division Managers for some divisions and coaches for the various teams. Then each team needs assistants and a manager to help run the team. At every home game parents are needed to score keep, time keep and run the shot clock. There also needs to be someone to do 50/50 and bring drinks for the kids after the game. Generally all of these positions are filled once the team is together.

As well there are many opportunities to volunteer for the Association. If you feel that you are able to offer your skills or take on any of the positions currently vacant or work together with someone to lighten the load please contact Darcy Phillips at 604-946-8299 dp8299@telus.net.

Anyone interested in **coaching** or **assistant coaching** positions should contact Patty Burr at vpminors@deltalacrosse.ca or 604-946-8891.

Any players interested in being a **referee**, please contact Tim Winter at 604-946-8921 or timsevenz@hotmail.com. There are referee clinics offered a couple of times at the beginning of the season for new and returning referees.

If you are looking for information regarding equipment requirements, arena addresses, other contact information or interesting links, please check out our website www.deltalacrosse.ca. Once the schedules come out we will try to publish them on our site. If there is anything you cannot find on our site or anything you would like to see added, please contact us at postmaster@deltalacrosse.ca

Have fun and enjoy the season.



2012 PRE-SEASON PRACTICE SCHEDULE

All evaluations/ practices will be held at Ladner Box rain or shine, unless otherwise specified. **Players must be properly registered and in good standing with Delta Lacrosse prior to stepping on the floor. This means that your REGISTRATION FORM is COMPLETED AND SIGNED AND YOUR FEES AND JERSEY DEPOSIT are PAID.** Full equipment, including mouth guard, is required. **BRING YOUR OWN WATER BOTTLE.** If you have any questions, please contact your Divisional Manager. Further practices and /or evaluations will be announced the week of February 20th by the Division Managers. **All dates are subject to change.**

MIDGET	All Levels	BANTAM	All Levels
Feb 4	2:30-4:00	Feb 4	1:00-2:15
Feb 11	2:30-4:00	Feb 11	1:00-2:15
Feb 18	2:30-4:00	Feb 18	1:00-2:15
PEEWEE	All Levels	NOVICE	All Levels
Feb 4	11:30-12:45	Feb 4	10:00-11:15
Feb 11	11:30-12:45	Feb 11	10:00-11:15
Feb 18	11:30-12:45	Feb 18	10:00-11:15

EVALUATIONS

Novice to Midget February 25th and 26th Times to be determined

TRYOUTS FOR REP TEAMS

Novice to Midget March 3rd to 18th Times to be determined

Please be aware that competitive team selection begins at Novice Level. The levels of play are House, Intermediate and Advanced. Players are placed on teams based on their own skills and abilities. Score is kept at the games/ penalties are given.

TYKE & MINI-TYKE

FUN DAY – SATURDAY, APRIL 14th

10am-11am Mini-Tyke and 11am-12pm Tyke

All Mini-Tyke and Tyke players are invited to attend Fun Day Saturday, April 14th at the Ladner Box. For the first couple of weeks the Mini-Tyke and Tykes will practice together and teams will be decided by Mid-April.

Please note that ALL Mini-Tyke games will be played in-house and no travel is required at this level.

GIRLS WINTER WARM-UP – ALL DIVISIONS

Feb 5 12:00-1:30
Feb 12 12:00-1:30
Feb 19 12:00-1:30

JUNIOR GIRL Players please contact Kim Vincent at kvincent@dccnet.com or 604-946-8813 for the practice schedule.

ALL GOALIES

There will be a goalie clinic at LLC. Dates to be announced by your Division Manager.

PLEASE CHECK WEBSITE FOR SCHEDULE CHANGES BEFORE YOU GO TO PRACTICE – JUST IN CASE. www.deltalacrosse.ca